

PREOPERATIVE LAB REQUIREMENTS

Egan, Landmark, Minnetonka, Plymouth, and Vadnais Heights



Patient Name: _____ DOB: _____

Procedure: _____

Date of Surgery: _____ Location: ESC MASC LSC PSC VHSC

REQUIRED DIAGNOSTIC TESTS FOR ALL SURGICAL PROCEDURES AT SUMMIT SURGERY CENTERS:

(Please refer to criteria below as to whether or not a test is needed)

COVID-19	Completed PCR COVID-19 testing WITHIN 72 HOURS of surgery, when available.
HgbA1C	Completed WITHIN 90 DAYS for all diabetic patients requiring medication for glucose control.
Urine Pregnancy	Completed WITHIN 7 DAYS of date of surgery for all menstruating females— <i>if</i> they are under the age of 60 — including minors and non-sexually active females.
Hemoglobin	Completed WITHIN 7 DAYS of date of surgery — <i>if</i> there is a possibility the procedure will result in significant blood loss.
Potassium	Completed WITHIN 30 DAYS of date of surgery — <i>if</i> patient is on digoxin, diuretic and/or potassium supplements.
12-Lead	12-Lead EKG completed WITHIN 6 MONTHS of date of surgery (Need copy of EKG)— <i>for asymptomatic patients with any of the following conditions:</i> <ul style="list-style-type: none">» Heart disease, including coronary ischemia, valvular heart disease or heart failure arrhythmias» Cerebrovascular disease (TIA, Stroke)» DM treated with insulin» Creatinine > 2.0 mg/dL» BMI > 35 plus any ONE of the following: smoking, DM, HTN, hyperlipidemia» Or per MD order

TOTAL JOINT SURGERIES: *Required Labs*

- › Complete Blood Count
- › BMP
- › Type & Screen — required only for THA patients with previous history of a blood transfusion to follow Type & Screen.
- › PT/INR if on Warfarin

CERVICAL/THORACIC/LUMBAR FUSION AND DISC REPLACEMENT SURGERIES: *Required Labs*

- › Complete Blood Count
- › BMP
- › PT/INR if on Warfarin

FOOT AND ANKLE FUSIONS: *Required Labs*

- › Albumin
- › Vit D
- › HgbA1C — on all patients
- › Nicotine — on all patients with smoking history

PHYSICIAN INFORMATION

- » Additional tests may be ordered at the discretion of the physician performing the H&P related to patient's current and past medical history.
- » Vadnais Heights and Egan Surgery Centers provide a 23-hour extended stay for outpatient surgeries.
- » Sleep apnea patients having general anesthesia are allowed to be done at the Vadnais Heights and Egan Surgery Centers. Sleep apnea patients having local or MAC may be eligible for surgery at Landmark, and Plymouth surgery centers, at the discretion of an anesthesiologist.
- » **BMI must be ≤ 45**

Please send the dictation of the History & Physical exam along with the required test results to the appropriate facility PRIOR to day of surgery.

Egan Surgery Center

2620 Egan Woods Drive, Suite 300
Egan, MN 55121
P: (651) 968-5240
F: (651) 730-3532

Minnetonka Surgery Center

15450 Highway 7, Suite 200
Minnetonka, MN 55345
P: (651) 968-5755
F: (651) 730-3563

Landmark Surgery Center

7115 Tamarack Rd, Suite 200
Woodbury, MN 55125
P: (651) 968-5468
F: (651) 968-5491

Plymouth Surgery Center

15700 37th Ave N, Suite 210
Plymouth, MN 55446
P: (952) 814-6653
F: (763) 557-6775

Vadnais Heights Surgery Center

3580 Arcade St, Suite 200
Vadnais Heights, MN 55127
P: (651) 968-5790
F: (651) 968-5792